



*Invite Ignite Inspire*

**Aldergrove Public School**  
**150 Aldergrove Dr.**  
**Markham, ON.**  
**L3R 6Z8**  
**905.470.2227**

**Email:**

[aldergrove.ps@yrdsb.ca](mailto:aldergrove.ps@yrdsb.ca)

**Twitter:** [@aldergrovesps](https://twitter.com/aldergrovesps)



**APS Guiding Questions:**  
**Who am I?**  
**Who are you?**  
**Who are we together?**

**APS - Seven Values**  
Citizenship  
Empathy  
Inclusivity  
Innovation  
Relationships  
Self-Awareness  
Optimism



# Aldergrove Public School Community Newsletter September 15, 2023, Vol.2

## Message from the Office

Our first days back at Aldergrove have been exciting as we return to class and the school environment. Scholars have enjoyed seeing peers and making new friends in the classroom setting. We have seen many smiles as scholars engage in creative activities designed to foster mattering and belonging. Our goal is that each of our scholars feels welcomed and included, and all their identities are embraced so that they can strive to succeed.

Last week each scholar participated in our Safe and Caring Schools assembly. This assembly highlighted the expectations for school behaviour. Scholars were challenged to consider their role in creating a safe community and how they can share their voice within this community. We are working to foster belonging in the Aldergrove community.

Scholars can look forward to participating in the Terry Fox Walk on Tuesday, September 26, 2023. They are asked to contribute to this event by bringing "Toonies for Terry". All money raised will go directly to the Terry Fox Foundation.

Our commitment to Truth and Reconciliation is a part of our learning journey. Staff and scholars will observe Every Child Matters-Orange Shirt Day at the end of September. It is a day to educate and promote awareness of residential schools and their lasting legacies of trauma and suffering of Indigenous Peoples.

Your partnership is important. We welcome collaboration and building relationships with the community. We look forward to seeing you on Thursday, September 21, 2023 at our Meet the Family Night.

Ms. Jessa  
Principal

Mr. Pamayah  
Vice Principal

## School Schedule

8:15 am - staff on duty outside  
8:25 am - entry bell  
8:30 am - learning block  
10:10 am - 10:40 am recess  
10:40 am -12:20 - learning block  
12:20 pm - 1:20 pm lunch  
1:20 pm - 3:00 pm learning block  
3:00 pm - dismissal

**Safe Arrivals:** Please be on time for school. If your child is late or will be absent, please inform the school office or use EDSBY to share this information.

## **Resources for Families**

[Guide to the School Year](#)  
[Centre for Black Excellence](#)  
[Triple P Positive Parenting Seminars](#)  
[Aldergrove Archives: Past Newsletters and School Council Minutes](#)

## School Start-Up Forms

At the start of each school year, schools share with families a package of information about the school. Please ensure you review this important information. Families are also encouraged to review the online [Guide to the School Year](#).

We also ask families to complete some important forms. These forms are now available online. [Please complete and submit these online School Start-Up Forms](#) through your child's YRDSB Google account. Translations are available.

- You can access your child's YRDSB Google account via a web browser. For best results, use a computer rather than a mobile phone.
- The username is your child's YRDSB Student Number. Your child will receive their login information from the school at the start of the year. If you or your child do not know the password to log in to their Google account, please contact your child's teacher or the school office.
- Frequently asked questions and additional information on [how to complete the forms](#) are available on the Board website under [Family Resources](#) (click on the "Need Help" link for Family Start-Up Forms).

It is important that these forms are completed as soon as possible at the start of the school year. There are both mandatory and optional forms. Please complete a separate form for each child attending Aldergrove. Your child's school will access the information.

If you prefer to complete the forms on paper or have questions about the information in the forms, please contact the school office.

## Join Our School Council

The School Council is excited to welcome all new and returning families of the Aldergrove Community. We are looking forward to reconnecting in person and reigniting the community spirit this year!

Have your voice heard. Parents and guardians are encouraged to attend School Council meetings. It offers parents an excellent opportunity to have a positive influence on their child's school experience, to stay informed and engaged, contribute ideas or simply network with other parents. If you are interested in Executive Council positions, please complete the [Nomination form](#) in the Start-Up pkg by September 28. Please visit the office if you would like a hard copy of the form. Our School Council Election will be held on Thursday, October 5, 2023 at 6pm. We look forward to seeing you all soon!

## Bus Loop Safety

Drivers must not park and leave their vehicle in the "Kiss-and-Ride" or Bus Loop as it can be unsafe for arrival and dismissal.



## Active School Travel

Aldergrove is participating in the Markham Active School Travel program. The project is funded through the City of Markham, York Region and York Region District School Board and is a partnership program.

The purpose of the project is to implement Active School Travel programs and traffic calming tools to:

- promote walking/cycling/scootering and sustainable travel to school
- improve school zone safety
- reduce traffic congestion on our school site and in the neighbourhood
- improve students physical and mental health
- increase social development and academic performance and
- reduce air pollution and greenhouse gases.

## Active School Travel School Zone Tools

School Zone Tools around your school community. Please review the tools below so you understand what they mean.



### School Zone Pavement Marketing

These markings indicate when a vehicle is entering the school zone.



### Ladder Crosswalks

Enhances visibility of people crossing the road



### No Stopping Signs on Street Adjacent to School.

Stopping a vehicle, including for pick-up or drop-off of students, is not permitted during the times shown.



### No Stopping "Red Zone"

Supplemental to the existing "No Stopping" signs, the red line indicates where pick-up and drop-off activity is not allowed.

## Recognizing Significant Faith Days and Heritage Months

York Region is rich in culture and diverse in religious beliefs and practices based on faith. Our staff want to ensure that we honour and recognize significant faith days and heritage months for the members of our community. We do this important work through the lessons that happen in class, our communications through newsletters and twitter, our assemblies and displays that happen in the school. You can see some of the significant faith days [here](#). Please speak to the office if there are faith days that you would like to contribute to. For example by providing visual artifacts for our foyer display cases. We are committed to affirming and valuing all the faith diversity in our schools.

## Safety at Aldergrove

The York Region School Board is committed to ensuring the safety of students, staff, building occupants and visitors in the event of an emergency situation. As such, throughout the school year, schools in our Board practice various safety drills including Fire Drills, Lockdown Drills, Hold and Secure Drills and the newly established Bomb Threat Drill. It is critical that all members of our school community become familiar with emergency protocols as they are designed to keep all of us safe at school. Please refer to Board Policy #669.0 for more information about Emergency Preparedness and Crisis Management. Practicing drills may create some anxiety for some students.

If you are concerned about how these situations might impact the mental health and well-being of your child, please contact school administrators, as we have school mental health professionals available to support your child.

General Supports for Emotional Well-Being:

- 310-COPE: 905-310-COPE (2673) or 1-855-310-COPE (2673) - available 24/7
- KidsHelpPhone: 1-800-668-6868, text 686868 - available 24/7, <https://kidshelpphone.ca/> ● Mental Health Helpline: 1-866-531-2600 - available 24/7
- York Hills Help Phone Line: 905-503-9561 Monday, Wednesday, Friday 9:30 a.m.-4:00 p.m. for children and youth (0-18 years) and their parents, caregivers or adult supporters. Visit [www.yorkhills.ca](http://www.yorkhills.ca) for more information.
- Trans Lifeline: <https://translifeline.org/>
- Black Youth Helpline: <https://blackyouth.ca/>
- Naseeha Helpline: <https://naseeha.org/>
- 2SLGBTQ+ Youthline: <https://www.youthline.ca/>

## Terry Fox Event

On September 26th, we will be honouring Terry Fox's legacy by participating in the Terry Fox Run at APS. Terry was diagnosed with bone cancer which he later lost his leg to. From this battle, Terry Fox ran a "Marathon of Hope" to raise awareness and money for Cancer research. We continue his marathon in his honour by running or walking every September and raising money for the Canadian Cancer Society. So this year, we are asking if you are able to send a Toonie for Terry (\$2) or a Five for the Fight (\$5.00), or any amount you feel you may be able to give. We will start collecting donations on Monday September 18th until October 2nd. We appreciate your support!

## Breakfast Club

Please have your children enter through the front door and follow the signs to the staffroom. All scholars are welcome to attend.

When: 8:00 AM - 8:25 AM every morning

Where: Staffroom



## Cross-Country

Our grade 4-8 students have been training for Cross-Country Running and holding try-outs. Successful team members will attend an area meet on September 28, 2023. We are looking for parent volunteers on the day of this trip. Please contact the school office to let us know if you are interested. All school volunteers need to complete a Police Vulnerable Sector Check.



## Reminders:

Students should bring everyday:

- Please ensure that your child(ren) comes to school each day with their lunch packed.
- Reusable Water bottles (water refill stations are open, drinking fountains are closed)
- Indoor shoes and an extra set of clothes for Kindergarten scholars which can be stored in classroom
- Be prepared for scholars to be outside (appropriate clothing, sunscreen, hats etc.)



Dear families,

It is my pleasure to welcome all new and returning families to school for the 2023-2024 school year. I hope everyone had a wonderful summer and wish you a positive start to the new school year. I know it can be a time of transition for many, and am grateful for the dedication and professionalism of our school staff for all that they do to support students as they start the new school year, and create a warm, welcoming and inclusive environment in our schools.

The education of your children is a partnership, and we recognize that you are our most important partner when it comes to your child's education. As a family member, there are many ways you can engage in your child's learning, from speaking with your child about school and connecting with school staff to volunteering or becoming involved with the school council. You know your child best and we place great value on the relationship we have with families. I look forward to connecting with you throughout the school year.

As your school trustee, it is my role to advocate for quality public education in York Region, and to ensure that our students remain at the centre of all of our decision making. The Board of Trustees has many [responsibilities](#), including making [policy](#) and [budget](#) decisions, and communicating with the public. Please feel free to [contact me](#) if you have any questions or concerns, and I will continue to keep you updated throughout the year on what is happening in the board. You can also visit our [newsroom](#), listen to our [podcast](#) and connect with us on social media to stay up-to-date on what's happening in the board.

This year, we are pleased to welcome our [new Director of Education Bill Cober](#), who took on the role on August 1 this year. He brings nearly 30 years of experience in public education in York Region, a commitment to student achievement and well-being, and a strategic and collaborative approach.

Later in the year, we will be undertaking a comprehensive strategic plan review. One of our roles as a board is to set the [Multi-Year Strategic Plan](#) that establishes our priorities and guides our direction as a school board. We will be reviewing that plan this year, and engaging with communities is a priority for us. Your input will be important and I look forward to sharing more information with you on this in the future.

I wish you all a great start to the school year and a happy, safe and successful year ahead.


Jenny Chen  
Trustee, Markham Wards 1 and 8




# September 2023

 The Breakfast Program is **OPEN** every day from 8:00 - 8:25 am

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Labour Day (No School)	5 Day 1 First Day of School Breakfast Program Starts	6 Day 2  Walk to School Wednesday	7 Day 3 Safe and Caring Schools Assemblies	8 Day 4	9
10	11 Day 5	12 Day 1	13 Day 2  Walk to School Wednesday	14 Day 3 Hot Lunch-Lunch Lady Starts on every Thursday	15 Day 4 Spirit Day: Who Am I Day	16 Rosh Hashanah
17 Rosh Hashanah	18 Day 5	19 Day 1	20 Day 2  Walk to School Wednesday	21 Day 3 Meet the Family Night 6:30pm	22 PA Day (No School)	23
24	25 Yom Kippur Day 4 Truth and Reconciliation Week→	26 Day 5 Terry Fox Event	27 Day 1 Active School Travel Assembly Walk to School Wednesday	28 Day 2	29 Day 3 Orange Shirt Day at Aldergrove	30 Sukkot Starts  Orange Shirt Day

 Phone: (905) 470-2227

 Email: [aldergrove.ps@yrdsb.ca](mailto:aldergrove.ps@yrdsb.ca)

 Twitter: @aldergroveps



# Groups

Fall 2023

## Parenting

### Triple P 0-12

Triple P stands for Positive Parenting Program. This unique group has been proven to be effective in providing parents with tools to help their children with behavioural and emotional problems. This group is 8 weeks in length and requires the completion of a workbook and weekly homework tasks. A pre-group interview is required. Call Janice at 905-895-2371 ext. 108. Groups are virtual and require a \$35 workbook purchase.

#### Dates:

- **English: 8 Tuesdays, October 3 to November 28, 2023, Time: 6:00 PM to 8:00 PM**

### Triple P Teen

Triple P stands for Positive Parenting Program. This unique group has been proven to be effective in providing parents with tools to help their teens with behavioural and emotional problems. This group is 8 weeks long and requires a workbook and weekly homework tasks. A pre-group interview is required. Call Janice at 905-895-2371 ext. 108. Groups are virtual and require a \$35 workbook purchase.

#### Dates:

- **English: 8 Thursdays, October 26 to December 14, 2023, Time: 6:00 PM to 8:00 PM**
- **Mandarin: 8 Thursdays, October 12 to November 30, 2023, Time: 6:00 PM to 8:00 PM**
- **Farsi: 8 Wednesdays, September 6 to October 25, 2023, Time: 5:30 PM to 7:30 PM**

### Fearless Triple P

This 8-week group is for parents of children 6-14 who are experiencing anxiety. Fearless Triple P supports parents and helps them to learn new cognitive behavioural strategies for anxiety management, encouraging them to apply these themselves for all their children. Apply online at [www.fsyrr.ca/contact/get-started](http://www.fsyrr.ca/contact/get-started). Pre-group interview required. Call Janice at 905-895-2371 ext. 108. Groups are virtual and require a \$35 workbook purchase.

#### Dates:

- **English: 8 Wednesdays, October 4 to November 22, 2023, Time: 6:30 PM to 8:00 PM**

### Family Transitions Triple P

This 5-week group promotes a healthy transition for parents going through separation or divorce. This course will address co-parenting, being a single parent, self-care and is designed to help parents manage the anger and resentment that often accompanies relationship breakdown. Apply online at [www.fsyrr.ca/contact/get-started](http://www.fsyrr.ca/contact/get-started). Pre-group interview required. Call Janice at 905-895-2371 ext.108. Groups are virtual and require a \$35 workbook purchase.

#### Dates:

- **English: 5 Thursdays, September 7 to October 5, 2023, Time: 6:00 PM to 8:00 PM**



## South Asian Outreach Program

### South Asian Women's Support Groups

Ongoing virtual programs for South Asian Women. Topics include parenting, health & nutrition, family stress, immigration and legal information, health, exercise, Yoga, employment, and various other topics. Free.

#### Dates:

- **Urdu, Punjabi, and Hindi: Thursdays, September to December, 2023, Time: 12:00 PM to 2:00 PM**  
Contact: Aisha at 647-545-8241 to register
- **Hindi, Urdu, and Punjabi: Tuesdays, TBD 2023, Time: 6:00 PM to 8:00 PM**  
Contact: Leena at 416-818-7075 to register

## Groups for Adults

### Emotion Regulation and Interpersonal Skills Development

An 8-week group for adults that focuses on skill development and experiential learning in the areas of emotion regulation and interpersonal relationships. This is an integrated and evidence-informed program where participants will learn and practice such skills as managing difficult feelings, using positive coping strategies, communication, assertiveness and setting healthy boundaries. Together in a supportive space, participants will help work through common life stressors. Apply online at: [www.fsyrr.ca/contact/get-started](http://www.fsyrr.ca/contact/get-started). This group is virtual and requires a \$150 registration fee.

#### Dates:

- **English: 8 Thursdays, September 21 to November 9, 2023, Time: 6:00 PM to 7:30 PM**

## Groups for Women

### Farsi Women's Support Group

This virtual Free program will focus on self-confidence, assertiveness, communication skills, parenting, healthy relationships, immigration and settlement issues, self-care, health, and wellness, and will explore community resources. Apply online at: [https://www.fsyrr.ca/farsi\\_womens\\_groups\\_application](https://www.fsyrr.ca/farsi_womens_groups_application) or call Poopeh at 647-243-9646 Monday or Wednesday.

#### Dates:

- **Farsi: 6 Wednesdays, November 1 to December 6, 2023, Time: 5:30 PM to 7:00 PM**

## Groups for Youth

### **Emotion Regulation and Interpersonal Skills Development**

This is an 8-week program for youth 13 to 17 years of age that focuses on skill development and experiential learning in the areas of emotion regulation and interpersonal relationships. This is an integrated and evidence informed program where teens will learn and practice skills such as identifying feelings, regulating emotions, positive coping strategies, communication, self-compassion/self-esteem, and assertiveness, and understanding boundaries. Apply online at: [www.fsyrr.ca/contact/get-started](http://www.fsyrr.ca/contact/get-started). A pre-group interview is required. Groups are virtual and require a \$20 registration fee.

#### **Dates:**

- **English: 8 Tuesdays, October 10 to November 28, 2023, Time: 6:00 PM to 7:30 PM**

## 2SLGBTQ+ Groups

### **Transgender Support Group (Adults 18+)**

A free monthly program for those questioning/exploring their gender identity or wanting more support during their journey. This group provides a safe environment to talk about things that matter and learn more about community resources. This group is free with in-person and virtual options. Call Liway at 905-895-2371 ext. 137 or register online at: [www.fsyrr.ca/contact/get-started](http://www.fsyrr.ca/contact/get-started).

#### **Dates:**

- **English: Fourth Thursday of each month, Time: 6:00 PM to 7:30 PM**

### **Free to Be**

This is a free virtual group for parents/caregivers of gender diverse children, regardless of age, which meets once a month. Free to Be offers an opportunity to meet for support and education. The goal of this program is to destigmatize gender diversity. Call Liway at 905-895-2371 ext. 137 or register online at: [www.fsyrr.ca/contact/get-started](http://www.fsyrr.ca/contact/get-started).

#### **Dates:**

- **English: Third Wednesday of each month, Time: 6:00PM to 8:00 PM**

### **Gender Galaxies**

A free 8-week virtual group for youth 12 to 15 exploring their gender identity and gender expression. Learn about and discuss topics such as: self-care, self-advocacy, media, dysphoria, body image, coming out, gender affirming care and intersectionality. Call Liway at 905-895-2371 ext. 137 or register online at: [www.fsyrr.ca/contact/get-started](http://www.fsyrr.ca/contact/get-started)

#### **Dates:**

- **English: TBD, Time: 6:00PM to 7:30PM**



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APS 指导问题：  
我是谁？  
你是谁？  
我们在一起是谁？

APS学校七个价值  
公民责任  
同理心  
包容  
创新  
关系  
自觉  
乐观

Inspire Learning!

## Aldergrove Public School 社区通讯 2023 年 9 月 15 日, 第 2 期

### 来自办公室的消息

当我们回到课堂和学校环境时，回到Aldergrove的第一天是令人兴奋的。学者们很高兴在课堂上见到同学并结交新朋友。当学者们致力与培养重要性和归属感的创造性活动时，我们看到了许多微笑。我们的目标是让每一位学者都感到受到欢迎和包容，他们的所有身份都得到接受，以便他们能够努力取得成功。

上周，每位学者都参加了我们的安全与关爱学校集会。这次集会强调了在学校行为的期望。学者们面临的挑战是考虑他们在创建安全社区中的角色以及他们如何在这个社区中表达自己的声音。我们正在努力培养Aldergrove社区的归属感。

学者们可以期待参加 2023 年 9 月 26 日星期二的 Terry Fox Walk。希望学者能带“Toonies for Terry”为此次活动做出贡献。所有筹集的资金将直接捐给Terry Fox基金会。

我们对真相与和解的承诺是我们学习的一部分。工作人员和学者将在九月底庆祝“每个孩子都很重要——橙衫日”。这一天旨在教育和提高人们对寄宿学校及其给原住民造成的创伤和痛苦的持久遗产的认识。

与您建立合作伙伴关系很重要。我们欢迎与社区合作并建立关系。我们期待在 2023 年 9 月 21 日星期四的与家庭见面之夜见到您。

Ms. Jessa  
校长

Mr. Pamayah  
副校长

### 学校时间表

上午 8:15 - 学校工作人员开始外面值班  
8:25 - 进校铃响  
8:30 - 学校早会和课程开始  
10:10 - 课间休息 (30 分钟)  
10:40 - 课程继续  
12:20 - 午餐 (1小时)  
1:20 - 课程继续  
3:00 - 放学

安全抵校：请准时到校。如果您的孩子将迟到或缺席，请通知学校办公室或使用 EDSBY 分享此信息。

家庭资源

[学年指南](#)

[黑人卓越中心](#)

[Triple P 积极育儿研讨会](#)

Aldergrove档案: [过去的社区通讯和学校理事会会议纪要](#)

## 学校开学表格

每个学年开始时，学校都会与家庭分享有关学校的一些信息。请确保您查看此重要信息。还鼓励家庭查看在[学年指南](#)。

我们还要求家人填写一些重要的表格。这些表格现在可以在网上获取。请通过您孩子的 YRDSB Google 帐户[填写并提交这些在线学校开学表格](#)。提供翻译。

- 您可以通过网络浏览器访问您孩子的 YRDSB Google 帐户。为了获得最佳效果，请使用电脑而不是手机。
- 用户名是您孩子的 YRDSB 学生编号。您的孩子将在年初收到学校发来的登录信息。如果您或您的孩子不知道登录其 Google 帐户的密码，请联系您孩子的老师或学校办公室。
- 有关[如何填写表格](#)的常见问题和其它信息，请访问教育局网站的“[家庭资源](#)”（点击“家庭开学表格”的“需要帮助”链接）。

重要的是，这些表格应在学年开始时尽快填写。有两份是必须填交的表格及其它可选择的表格。请为每个就读Aldergrove的孩子单独填写一份表格。以便学校可以得到您孩子的信息。

如果您更喜欢填写纸质表格或对表格中的信息有疑问，请联系学校办公室。

## 加入我们的学校理事会

学校理事会很高兴欢迎Aldergrove社区的所有新家庭和回归家庭。我们期待今年重新面对面并重新点燃社区精神！

让您的声音被听到。鼓励家长和监护人参加学校理事会会议。它为家长提供了一个绝佳的机会，可以对孩子的学校经历产生积极影响，保持知情和参与，贡献想法或只是与其他家长建立联系。如果您对执行委员会职位感兴趣，请在 9 月 28 日之前填写 Start-Up pkg 中的[提名表](#)。如果您需要纸本表格，请前往办公室。我们的学校理事会选举将于 2023 年 10 月 5 日星期四下午 6 点举行。我们期待很快见到大家！

## 校车环线安全

司机不得将车辆停放在“上下车接送区”或校车环线上，因为对上下学的学生不安全。



## 积极活跃的上下学计划

Aldergrove正在参加万锦市积极活跃的上下学计划。该项目由万锦市、约克地区和约克区教育局资助，是一个合作伙伴计划。

该项目的目的是实施积极的上下学计划和稳定的交通工具，以：

- 提倡步行/骑自行车/滑板车和可持续的上下学
- 改善学区安全
- 减少我们学校和附近地区的交通拥堵
- 提高学生身心健康
- 提高社会发展和学业成绩
- 减少空气污染和温室气体。

## 积极活跃的上下学 学区工具

学校社区周围的学区工具。请查看下面的工具,以便您了解它们的含义。

### 学校区域



#### 路面标记

这些标记表明车辆已进入学区。

### 行人斑马线



人们过马路时增强斑马线可见性



### 禁止停车标志

位于去学校毗邻街道上

在显示的时间内,不允许临时停止车辆,包括接送学生。

### “红区”不可暂停



对现有“禁止临停”标志的加强,红线表示不允许上下车接送的地方。

## 认识重要的信仰日和遗产月

约克地区文化丰富，宗教信仰和基于信仰的实践多种多样。我们的员工希望确保我们尊重并认可社区成员的重要信仰日和遗产月。我们通过课堂上的课程、通过时事通讯和推特进行的交流、在学校举行的集会和展示来完成这项重要的工作。您可以在这里看到一些重要的信仰日。如果您想为信仰日做出贡献，请与办公室联系。例如，为我们的门厅展示柜提供视觉物件。我们致力于肯定和重视学校中的所有信仰多样性。

## Aldergrove的安全

约克地区学校教育局致力于在紧急情况下确保学生、教职员工、建筑居住者和访客的安全。因此，在整个学年中，我们的学校都会进行各种安全演习，包括消防演习、封锁演习、控制和安全演习以及新设立的炸弹威胁演习。我们学校社区的所有成员都必须熟悉应急措施，这一点至关重要，因为它们旨在确保我们所有人在学校的安全。请参阅教育局政策#669.0，了解有关应急准备和危机管理的更多信息。演习可能会给一些学生带来一些焦虑。

如果您担心这些情况可能会如何影响您孩子的心理健康和福祉，请联系学校校长，因为我们有学校心理健康专业人员可以为您的孩子提供支持。

对情绪健康的一般帮助：

- 310-COPE: 905-310-COPE (2673) or 1-855-310-COPE (2673) - 七天24小时接听
- 儿童帮助电话: 1-800-668-6868, text 686868 - 七天24小时接听, <https://kidshelpphone.ca/>
- 心理健康帮助热线: 1-866-531-2600 - 七天24小时接听
- York Hills 帮助电话热线: 905-503-9561 周一、周三、周五上午 9:30 至下午 4:00 儿童和青少年 (0-18 岁) 及其父母、看护者或成人支持者。请参访 [www.yorkhills.ca](http://www.yorkhills.ca) 了解更多信息。
- 跨生命线: <https://translifeline.org/>
- 黑人青年帮助热线: <https://blackyouth.ca/>
- Naseeha 帮助热线: <https://naseeha.org/>
- 2SLGBTQ+ 青年热线: <https://www.youthline.ca/>

## Terry Fox 活动

9月26日，我们将参加APS的Terry Fox Run活动，以纪念Terry Fox的遗产。Terry被诊断出患有骨癌，后来他失去了一条腿。通过这场战斗，Terry Fox举办了一场“希望马拉松”，以提高人们对癌症研究的认识并筹集资金。为了纪念他，我们每年九月通过跑步或步行继续他的马拉松比赛，并为加拿大癌症协会筹集资金。因此，今年，我们询问您是否可以捐赠“Toonie for Terry”（2元）或“Five for the Fight”（5元），或者您认为可以捐赠的任何金额。我们将于9月18日星期一至10月2日开始收集捐款。感谢您的支持！

## 早餐俱乐部

早餐俱乐部将于开学第一天（9月5日星期二）上午8点在教工室开始。请让您的孩子从前门进入，然后按照指示牌前往员工室。欢迎各位学者参加。



时间：每天早上 8:00 - 8:25

地点：教职员室

## 越野赛

我们4-8年级的学生一直在进行越野跑训练并举行选拔赛。成功的团队成员将参加2023年9月28日举行的区域会议。我们正在寻找比赛当天的家长志愿者。如果您有兴趣，请联系学校办公室告知我们。所有学校志愿者都需要完成警察犯罪记录检查。



## 提醒您

学生每天应携带：

- 请确保您的孩子每天带着午餐来学校。
- 可重复使用的水瓶（加水站开放，饮水机关闭）
- 室内鞋，幼儿园学生多准备一套额外的衣服，可以存放在教室里
- 为学者外出做好准备（合适的衣服、防晒霜、帽子等）
- 



来自我们的受托人 2023 年 9 月信息

亲爱的家人，

我很高兴欢迎所有新家庭和返校家庭在 2023-2024 学年重返校园。我希望每个人都度过了一个美好的夏天，并祝愿你们在新学年中有一个积极的开始。我知道这对许多人来说可能是一个过渡时期，我感谢我们学校工作人员的奉献精神和专业精神，他们为支持学生在新学年开始时所做的一切，并在新学年创造了一个温暖、热情和包容的学校环境。

您孩子的教育是一种合作伙伴关系，我们认识到，在您孩子的教育方面，您是我们最重要的合作伙伴。作为家庭成员，您可以通过多种方式参与孩子的学习，从与孩子谈论学校、与学校工作人员联系，到志愿服务或参与学校理事会。您最了解您的孩子，我们非常重视与家庭的关系。我期待着整个学年与您联系。

作为学校受托人，我的职责是倡导约克地区的优质公共教育，并确保我们的学生始终处于我们所有决策的中心。教育局承担许多**职责**，包括制定**政策**和**预算**决策以及与公众沟通。如果您有任何问题或疑虑，请随时**与我联系**，我将继续全年为您提供教育局最新动态。您还可以访问我们的**新闻编辑室**，收听我们的**播客**并在社交媒体上与我们联系，以了解教育局中发生的最新情况。

今年，我们很高兴地欢迎新任教育总监**比尔·科伯** (Bill Cober)，他于今年 8 月 1 日就任。他带来了约克地区近 30 年的公共教育经验、对学生成就和福祉的承诺以及战略和协作方法。

今年早些时候，我们将进行全面的战略规划审查。作为教育局，我们的职责之一是制定**多年战略规划**，确定我们的优先事项并指导我们作为学校教育局的方向。我们今年将审查该计划，与社区合作是我们的首要任务。您的意见非常重要，我期待将来与您分享更多这方面的信息。

我祝愿大家新学年有一个良好的开端，并祝愿大家在未来的一年里快乐、安全和成功。

陈珍妮  
万锦市 1 区和 8 区受托人